



Build It Up, Knock It Down

Cub Scouts · Elective · Lion rank

Name

Started

Completed

Build It Up, Knock It Down is all about building, and yes, knocking things over. You'll build with your adult partner and your den, then make something just for the fun of seeing it fall. It's a great way to learn how things balance and stand.

Requirements

Every official requirement, in plain language. Check the official wording when you sign off (scouting.org/cub-scout-adventures/build-it-up-knock-it-down/). Tips and examples are ideas, not extra requirements.

☐ **1** Build a structure with your adult partner

Tip: Use blocks, cups, or boxes with your adult partner. See how tall you can build before it wobbles.

Example: Build a bridge with your grown-up using two stacks of books and a piece of cardboard. Put toy cars on it one at a time. How many can it hold before it sags?

☐ **2** Build a structure with your den or family

Tip: Work together with your den or family to build something big, like a fort from cardboard boxes.

Example: Your den builds a cardboard castle together. One group makes the walls, one makes the towers, and one makes a door that opens. Everyone helps tape it together.

☐ **3** Build something meant to be knocked down

Tip: Line up dominoes or stack cups so they topple in a fun way, then knock them down and watch.

Example: Stand dominoes or wooden blocks in a long curvy line, or stack paper cups into a pyramid. Then tap the first one or roll a ball at the pyramid and watch it all fall down.