



Cubs Who Care

Cub Scouts · Elective · Wolf rank

Name

Started

Completed

Cubs Who Care helps you understand what life is like for people with disabilities. You'll try activities that show how people move, see, and hear in different ways. Learning this helps you be a kinder, more thoughtful friend.

Requirements

Every official requirement, in plain language. Check the official wording when you sign off (scouting.org/cub-scout-adventures/cubs-who-care/). Tips and examples are ideas, not extra requirements.

☐ 1 Explore what it is like to have a physical disability

Tip: Try a simple task, like stacking blocks, using only one hand. Talk about how it felt.

Example: Try a simple task one-handed, like making a sandwich or building a block tower. Then talk about tools or tricks that could make it easier, like a jar opener or a different grip.

☐ 2 Explore what it is like to have a visual impairment

Tip: With a buddy guiding you, try walking a short safe path with your eyes covered.

Example: With a buddy guiding you by the elbow, walk a short, clear hallway with your eyes covered. Then switch places. Talk about which words from your guide helped most.

☐ 3 Explore what it is like to have hearing loss

Tip: Wear earmuffs or earplugs and try to follow directions. What helped you understand?

Example: Wear earmuffs while your den leader gives directions in a normal voice. Then try again with gestures, pictures, or a few signs. Talk about which way worked better.

☐ **4** Explore barriers people face in getting around

Tip: Look around your school or a store for steps, narrow doors, or ramps. What would help everyone get in?

Example: Walk around your school or a park with your den and list what helps and what blocks the way: steps with no ramp, a heavy door, a curb cut, a wide smooth path.