



ADVENTURE WORKSHEET

Lion's Roar

Cub Scouts · Required · Lion rank

Name

Started

Completed

Lion's Roar helps you learn how to stay safe. You'll practice what to do if something feels wrong, how to get help in an emergency, and how to be careful around cars. Knowing these things helps you feel brave and ready.

Requirements

Every official requirement, in plain language. Check the official wording when you sign off (scouting.org/cub-scout-adventures/lions-roar/). Tips and examples are ideas, not extra requirements.

- ☐ **1** With your parent's or legal guardian's permission, watch the Lion Protect Yourself Rules video

Tip: Watch the video with your parent or guardian, then talk about one rule you want to remember.

- ☐ **2** With your adult partner, practice Shout, Run, Tell the way the video shows

Tip: Practice Shout, Run, Tell with your adult partner as a game until it feels easy.

Example: Your adult says, "Pretend someone you don't know tries to take your hand at the park." You shout "No" as loud as you can, run to your grown-up, and tell them. Try it until it feels easy.

- ☐ **3** With your adult partner, show how to reach emergency services

Tip: Practice on a toy phone how to call 911 and say your name and where you are.

Example: Use a toy phone or a phone that's turned off. Pretend to dial 911, then say your name, that you need help, and where you are. Talk about what counts as a real emergency, like a fire.

- ☐ **4** With your adult partner, show how to cross a street or walk through a parking lot safely

Tip: Hold your grown-up's hand, stop at the curb, and look both ways. In parking lots, stay right beside your adult.

Example: Walk to a crosswalk with your adult. Stop at the curb, hold hands, look left, right, and left again, and cross when it's clear. In a parking lot, keep one hand on the car or your adult's hand.