



ADVENTURE WORKSHEET

Mountain Lion

Cub Scouts · Required · Lion rank

Name

Started

Completed

Mountain Lion is your first real outdoor adventure. You'll pack the Cub Scout Six Essentials, go exploring with your grown-up, and notice the plants and animals around you. A short walk can turn into a big discovery.

Requirements

Every official requirement, in plain language. Check the official wording when you sign off (scouting.org/cub-scout-adventures/mountain-lion/). Tips and examples are ideas, not extra requirements.

☐ 1 Name the Cub Scout Six Essentials and show how you use each one

Tip: Lay out your Six Essentials on the floor and act out how you'd use each one. Then pack them in a small backpack.

Example: Hold up each item and act it out: sip from the water bottle, pretend to put on sunscreen, shine the flashlight under a blanket, eat one cracker, open the first-aid kit, and blow the whistle three times.

☐ 2 Spend at least 20 minutes exploring outside with your Six Essentials, with your den, pack, or family; with your adult partner, point out natural things and human-made things

Tip: Walk at a park or trail for 20 minutes. Make two piles of pictures or a list: things nature made and things people made.

Example: On your walk, play "Nature or People?" Point at a tree (nature), a bench (people), a rock (nature), a trash can (people). Count how many of each you find.

☐ **3** Learn what S.A.W. means

Tip: Ask your den leader what S.A.W. stands for, then practice it on a walk so you remember.

Example: S.A.W. means Stay, Answer, Whistle. If you get lost, stay where you are, answer when you hear your name, and blow your whistle three times. Practice it in the backyard as a game.

☐ **4** Name common animals that live near you and sort them into wild and domesticated

Tip: Name animals you see near home, then sort them: pets and farm animals in one group, wild animals in the other.

Example: Make two piles of animal pictures. Dogs, cats, chickens, and cows go in the domesticated pile. Squirrels, robins, deer, and ducks go in the wild pile. Which ones live near you?