



My Safety

Cub Scouts · Required · Webelos rank

Name

Started

Completed

My Safety helps you and your family be ready for whatever comes. You'll learn rules to protect yourself, find hidden hazards at home, and plan for weather or natural events. Being prepared helps everyone feel calmer.

Requirements

Every official requirement, in plain language. Check the official wording when you sign off (scouting.org/cub-scout-adventures/my-safety/). Tips and examples are ideas, not extra requirements.

- ☐ **1** With permission from a parent or legal guardian, watch the Webelos Protect Yourself Rules video

Tip: Watch the video with a parent or guardian, then talk about the rules together.

- ☐ **2** Find hazardous items in your home and make sure they're stored safely; find where each package explains what to do after accidental exposure

Tip: Go on a hazard hunt with an adult. Check that cleaners and medicines are stored safely and read the labels.

Example: On a hazard hunt, look under the kitchen and bathroom sinks. Are cleaners closed and up high or locked? Find words like Caution or Danger on a label and the part that says what to do if someone swallows it or gets it in their eyes.

- ☐ **3** Name ways your family and you keep your home or meeting place safe

Tip: Look for smoke alarms, fire extinguishers, and locks. Ask your family about your escape plan.

Example: Your family might keep your home safe with smoke alarms, a fire extinguisher, a meeting spot outside, locked doors, a flashlight by the bed, and a list of emergency numbers on the fridge.

- ☐ **4** Fill out the Be Prepared for Natural Events worksheet for at least two natural events that are most likely where you live

Tip: Ask an adult which events are likely where you live, like storms or floods, and fill out the worksheet together.

Example: If you live where tornadoes and power outages happen, your worksheet might show: the safest room, what goes in your emergency kit (water, flashlight, batteries, snacks), and how your family will check in with each other.