



## ADVENTURE WORKSHEET

# Outdoor Adventurer

Cub Scouts · Required · Arrow of Light rank

Name

Started

Completed

Outdoor Adventurer is a real campout with your patrol or a Scouts BSA troop. You'll pack your own gear, help set up camp, and learn to keep the camp kitchen clean and safe. It's great practice for camping in a troop.

## Requirements

Every official requirement, in plain language. Check the official wording when you sign off ([scouting.org/cub-scout-adventures/outdoor-adventurer/](https://scouting.org/cub-scout-adventures/outdoor-adventurer/)). Tips and examples are ideas, not extra requirements.

### ☐ 1 Learn about the Scout Basic Essentials

**Tip:** Gather the Scout Basic Essentials and practice packing them into your daypack.

**Example:** The Scout Basic Essentials are: a pocketknife, first-aid kit, extra clothing, rain gear, water bottle, flashlight, trail food, matches and fire starters, sun protection, and a map and compass.

### ☐ 2 Decide what you'll take for an overnight campout (tent and sleeping gear included) and how you'll carry it

**Tip:** Make a packing list for your tent, sleeping bag, and pad. Try carrying your full pack around the house.

**Example:** Pack heavier things like your water bottle near your back, put rain gear on top where you can reach it fast, and stuff your sleeping bag in a waterproof bag. Ask your adult before buying anything new.

### ☐ 3 Go over the four points of the SAFE Checklist and how you'll use them on the campout

**Tip:** Talk through each SAFE point with your patrol, like who's supervising and what to do in bad weather.

☐ **4** Find the campsite where you'll be camping on a map

**Tip:** Use a camp map or online map with an adult to find your camp and campsite before you go.

**Example:** Look at the campground map with your adult and find the entrance, your campsite number, bathrooms, and water spigots. Then find it on an online map to see roads and nearby lakes or trails.

☐ **5** Go on a campout with your patrol or a Scouting America troop

**Tip:** Camp overnight with your patrol or join a troop campout. Help wherever you can.

☐ **6** When you arrive, decide where the kitchen, eating area, tents, and firepit go; help set up patrol gear before your own tent

**Tip:** Decide where cooking, eating, tents, and the fire will go. Set up shared gear before your own tent.

**Example:** Pick the kitchen spot first: flat, near water, and away from tents. Put tents uphill and upwind of the fire ring. Set up the patrol dining fly and kitchen before anyone pitches their own tent.

☐ **7** Explain how to keep food safe and the camp kitchen clean; show you can do it during the campout

**Tip:** Wash hands before cooking, keep cold food cold, and set up a simple wash-rinse-sanitize dish station.

**Example:** Wash hands before handling food, keep cold food in a cooler with ice, cook meat all the way through, and wash dishes in three tubs: hot soapy wash, clean rinse, and a sanitizing rinse.

- ☐ **8** After the campout, talk with your patrol about what went well and what to change next time, including how you kept the Outdoor Code and the Leave No Trace Principles for Kids

**Tip:** Talk with your patrol about what went well, what to change, and how you cared for the campsite.