



Ready, Set, Grow

Cub Scouts · Elective · Lion rank

Name

Started

Completed

Ready, Set, Grow helps you learn where food comes from and how to grow something yourself. You'll plant a small garden and meet someone who knows how to help plants grow. Watching your plant sprout is exciting.

Requirements

Every official requirement, in plain language. Check the official wording when you sign off (scouting.org/cub-scout-adventures/ready-set-grow/). Tips and examples are ideas, not extra requirements.

☐ 1 Find out where the food we eat comes from

Tip: At the grocery store, pick a food and talk with your adult about whether it came from a plant, an animal, or a farm far away.

Example: Make a food map with your adult: milk comes from cows on a dairy farm, strawberries grow on low plants in fields, and rice grows in wet fields. Draw a line from each food to where it grew.

☐ 2 Plant a small garden outdoors or in a container

Tip: Plant easy seeds like beans or herbs in a cup or small bed, then water them and watch them grow.

Example: Poke holes in the bottom of a cup, fill it with soil, push in two bean seeds, and water it. Put it in a sunny window and check it every day. Draw a picture each time something new happens.

- ☐ **3** Visit someone who can show you different ways to garden (outdoors, greenhouse, container, and more) and the basic skills gardening takes

Tip: Visit a community garden, farm, or garden center and ask someone to show you how they plant and care for things.

Example: Visit a community garden with your den. A gardener shows you how to plant seeds, pull weeds, and water at the roots. Maybe they let you taste a cherry tomato.