



Rolling Tigers

Cub Scouts · Elective · Tiger rank

Name

Started

Completed

Rolling Tigers is about bikes and riding safely. You'll check your bike, learn what gear to wear, practice hand signals, and ride or start learning to ride. Safe riders can explore farther.

Requirements

Every official requirement, in plain language. Check the official wording when you sign off (scouting.org/cub-scout-adventures/rolling-tigers/). Tips and examples are ideas, not extra requirements.

☐ **1** Learn the bike ABCs: air, brakes, chain

Tip: With your adult, check the air in the tires, squeeze the brakes, and look at the chain.

Example: Do the ABC check: A for air, press the tires to see if they're firm; B for brakes, squeeze them and push the bike to see if it stops; C for chain, look to see that it's on and not rusty.

☐ **2** With your den or adult partner, learn what safety gear to wear when riding a bike

Tip: Try on your helmet and make sure it fits snugly. Talk about other gear like closed-toe shoes.

☐ **3** With your den or adult partner, learn the safety rules for riding a bike

Tip: Learn a few rules with your adult, like riding where you're allowed and watching for cars.

Example: Rules to learn: wear a helmet every time, ride where your adult says, ride on the right side going the same way as traffic, stop and look at driveways, and keep both hands on the handlebars.

☐ **4** With your den or adult partner, show the correct bike hand signals

Tip: Practice the hand signals for left, right, and stop while standing, then while riding slowly.

Example: Left turn: stick your left arm straight out. Right turn: bend your left arm up at the elbow, or stick your right arm straight out. Stop: bend your left arm down at the elbow, palm back.

☐ **5** Ride a bike, or start learning to ride, with your adult partner or family

Tip: Ride in a safe space like a park path or empty lot, or practice balancing if you're just starting.

Example: If you can ride, do laps around an empty lot or park path. If you're learning, try a balance bike, or lower the seat so your feet touch and glide with your feet up.