



Safety in Numbers

Cub Scouts · Required · Wolf rank

Name

Started

Completed

Safety in Numbers helps you learn how to stay safe and speak up. You'll watch a video with your family, practice the buddy system, and play safely on the playground. Knowing these rules helps you feel brave and ready.

Requirements

Every official requirement, in plain language. Check the official wording when you sign off (scouting.org/cub-scout-adventures/safety-in-numbers/). Tips and examples are ideas, not extra requirements.

- ☐ 1 With your parent or legal guardian's permission, watch the Wolf Protect Yourself Rules video

Tip: Watch the video with a parent or guardian in a comfy spot where you can pause and ask questions.

- ☐ 2 Discuss "safe touch" from the Protect Yourself Rules video

Tip: Talk with your grown-up about safe touch and who you can tell if something feels wrong.

Example: Talk through the three R's from the video with your adult: recognize when something isn't right, respond by saying no and getting away, and report it to a grown-up you trust.

- ☐ 3 Learn how the buddy system works and show it in action

Tip: Practice the buddy system in a game. When the leader calls out, find your buddy fast.

Example: At a park, each Cub Scout picks a buddy. When the leader calls buddy check, buddies grab hands and raise them up. If someone is missing, everyone knows right away.

☐ **4** Review common safety rules and show how to use playground equipment properly

Tip: At a playground, show how to take turns, hold on tight, and slide feet first.

Example: Show your den: hold the rails on steps, go down the slide feet first one person at a time, and wait for the swing to stop before walking near it.