



RANK WORKSHEET

Lion

Cub Scouts

Name

Started

Completed

Lion is the very first Cub Scout rank, made for kindergartners and their adult partners. You'll explore outdoors, play games, learn to stay safe, and help others, all side by side with a grown-up. Each adventure is short and hands-on, so the fun adds up fast.

Requirements

Every official requirement, in plain language. Check the official wording when you sign off (scouting.org/programs/cub-scouts/adventures/lion/). Tips and examples are ideas, not extra requirements.

☐ 1 Bobcat

Tip: Bobcat is about meeting your den and learning the Scout Law and motto. Try learning one new friend's name each meeting.

☐ 2 Mountain Lion

Tip: Mountain Lion is your first outdoor walk with the Six Essentials. Pack them in a small bag and explore a nearby park.

Example: Pick a short park loop on a mild Saturday. Your Lion carries the Six Essentials, and you both play 'nature or people?' for things you pass, like a pinecone versus a bench. Twenty minutes goes fast.

☐ 3 Fun on the Run

Tip: Fun on the Run is about eating well, washing hands, moving, and resting. Try a family dance break before dinner.

Example: Make Fun on the Run part of a normal week: name food groups at dinner, sing a song while handwashing, have a dance party for 20 minutes, and try slow 'lazy lion' breathing at bedtime.

☐ **4** King of the Jungle

Tip: King of the Jungle is about helping at home and in your community. Pick one family job you can do each week.

Example: Your Lion draws everyone at home, pets included, and picks a family job like feeding the cat or setting forks on the table. Then the den joins a food drive or park cleanup together.

☐ **5** Lion's Roar

Tip: Lion's Roar teaches you how to keep yourself safe. Practice Shout, Run, Tell as a game with your grown-up.

Example: Watch the Protect Yourself Rules video together at a calm time, then practice Shout, Run, Tell as a game in the backyard or living room until your Lion can do it without help.

☐ **6** Lion's Pride

Tip: Lion's Pride is about family faith traditions and kindness. Draw a favorite holiday and share why it matters to your family.

☐ **7** Complete any 2 elective adventures

Tip: Pick two electives that sound fun to you, like building, fishing, or racing. Ask your den which ones they plan to do together.

Example: A family that loves the outdoors might choose Go Fish and Let's Camp. A family with a builder might choose Build It Up, Knock It Down and Gizmos and Gadgets. Let your Lion choose.