



RANK WORKSHEET

Eagle Scout

Scouts BSA

Name

Started

Completed

Eagle Scout is the highest rank in Scouts BSA, and it reflects years of skills, service, and leadership. The big pieces are your merit badges, a leadership role, and a service project you plan and lead yourself. Break it into steps, ask for help, and keep a steady pace.

Requirements

Every official requirement, in plain language. Check the official wording when you sign off (scouting.org/wp-content/uploads/2025/12/Scouts-BSA-Rank-Requirements.pdf). Tips and examples are ideas, not extra requirements.

☐ 1 Stay active in your troop for 6 months or more as a Life Scout

Tip: Stay active in your troop. Keep coming to meetings and outings and help where you can.

Example: Being active can look like steady attendance at meetings and campouts, helping at troop events, and showing up for the newer Scouts. If school, a job, or sports limit your time, talk with your Scoutmaster about how you're staying involved.

☐ 2 As a Life Scout, show Scout spirit; share how you've done your duty to God, lived the Oath and Law, and how they'll guide your future; on your Eagle application, list references: parent/guardian, religious (a parent gives it if you have no faith affiliation), educational, employer (if any), and two others

Tip: Think about the people who know you well, like teachers, coaches, employers, or faith leaders, and ask early if they'll serve as references.

Example: Pick references who've seen you at your best and at your hardest: a teacher, coach, employer, faith leader, or family friend. Ask in person first, then send a short note with a parent copied, explaining what Eagle is and when someone might contact them.

- ☐ **3** Earn 21 merit badges in all (10 beyond Life), including the 13 required ones below; pick only one badge in each OR choice, and any extras there count toward your 8 electives

Tip: Make a checklist of the 13 Eagle-required badges and the electives you've earned. Start the longer badges early and ask counselors what each one involves.

Example: Plan by time, not just by list: Personal Fitness has a 12-week program, Personal Management a 13-week budget, and Family Life 90 days of chores. Start those early and fill in the shorter badges around them.

- ☐ **3a** First Aid merit badge

- ☐ **3b** Citizenship in the Community merit badge

- ☐ **3c** Citizenship in the Nation merit badge

- ☐ **3d** Citizenship in the World merit badge

- ☐ **3e** Communication merit badge

- ☐ **3f** Cooking merit badge

☐ **3g** Personal Fitness merit badge

☐ **3h** Emergency Preparedness OR Lifesaving merit badge

Tip: Pick Emergency Preparedness or Lifesaving based on your interests. Lifesaving involves water work, so build your swimming skills first.

Example: Choose by interest and schedule: Emergency Preparedness fits if you like planning and community safety, and Lifesaving fits strong swimmers who want to learn water rescues, often at summer camp.

☐ **3i** Environmental Science OR Sustainability merit badge

Tip: Choose Environmental Science or Sustainability. Ask your counselor which one fits your interests and schedule better.

☐ **3j** Personal Management merit badge

☐ **3k** Swimming OR Hiking OR Cycling merit badge

Tip: Choose the outdoor badge you'll enjoy most: Swimming, Hiking, or Cycling. Plan time for training, and do the activity with proper supervision.

Example: Swimming suits Scouts who have pool or waterfront access, Hiking suits those who love trails and a series of long hikes, and Cycling suits riders ready for long rides. Pick the one you'll actually enjoy training for.

- ☐ **3l** Camping merit badge

- ☐ **3m** Family Life merit badge

- ☐ **4** As a Life Scout, actively serve 6 months in troop roles (chaplain aide, den chief, historian, instructor, junior assistant Scoutmaster, librarian, OA troop rep, outdoor ethics guide, patrol leader, quartermaster, scribe, senior or assistant senior patrol leader, troop guide, webmaster); a leadership project can't substitute; Lone Scouts: a school, faith, club, or community leadership role

Tip: Pick a position where you can make a real difference. Ask your Scoutmaster for feedback during your term.

Example: Strong positions leave a mark: as senior patrol leader you run meetings and plan the year with patrol leaders; as instructor you teach skills each month; as a scribe or historian you keep the troop's records alive. Ask for feedback halfway through.

- ☐ **5** As a Life Scout, plan, develop, and lead others in a service project for a religious institution, school, or your community (not Scouting America); before starting, get the proposal approved by the group that benefits, your Scoutmaster, your unit committee, and the council or district; use the Eagle Scout Service Project Workbook

Tip: Start your project idea early and get it approved before you begin. Use the workbook to plan carefully, then lead others to carry it out.

Example: Strong projects meet a real need and give you something to lead: raised garden beds for a school, a restored trail section with a park, shelving and an organized storeroom for a food pantry, bike repairs for a nonprofit, a native pollinator garden, or benches for a place of worship.

☐ **6** As a Life Scout, have a Scoutmaster conference

Tip: Share your journey, your project, and your plans for the future. This is a chance to reflect on how far you've come.

☐ **7** Before your board of review, attach to your Eagle application a written statement of your goals and life purpose, plus a list of leadership positions held and honors received; then pass your Eagle board of review (it may happen after age 18)

Tip: Write your ambitions statement and leadership list thoughtfully. At the board, relax and tell your story in your own words.

Example: Your ambitions statement can be a few honest paragraphs: what you hope to study or do for work, how you want to serve your community, and which leadership moments in Scouting shaped you. Specific stories beat big words.