



RANK WORKSHEET

Life

Scouts BSA

Name

Started

Completed

Life rank is about growing as a leader and a teacher. You'll take on more responsibility, earn more merit badges, serve your community and the environment, and help younger Scouts learn. It's the last step before Eagle, so this is a great time to build momentum.

Requirements

Every official requirement, in plain language. Check the official wording when you sign off (scouting.org/wp-content/uploads/2025/12/Scouts-BSA-Rank-Requirements.pdf). Tips and examples are ideas, not extra requirements.

- ☐ 1 Stay active in your troop for 6 months or more as a Star Scout

Tip: Stay involved in troop meetings and outings. Your example matters more now that younger Scouts look up to you.

- ☐ 2 As a Star Scout, show Scout spirit by living the Oath and Law; share how you've carried out your duty to God and lived the Oath and Law day to day

Tip: Share real examples of how the Oath and Law guide your choices, and talk about what duty to God means to you.

Example: Share a time the Oath or Law shaped a hard choice, like owning up to a mistake that cost your patrol on a campout. For duty to God, speak from your own beliefs and values, in your own words.



- ☐ **3** Earn 5 more merit badges (11 in all), including any 3 more from the Eagle-required list

Tip: Keep a list of your merit badges and which Eagle-required ones you still need. Plan a few for the next six months.

Example: Plan your next five: maybe Cooking, Personal Management, and Environmental Science from the Eagle list, plus electives like Climbing and Photography. Write a target month next to each one.

- ☐ **4** As a Star Scout, give 6 hours of service on one or more Scoutmaster-approved projects, with at least 3 of those hours on conservation

Tip: Look for conservation projects like trail work, tree planting, or stream cleanups. A park office or nature center can point you to opportunities.

Example: Conservation service might be pulling invasive plants with a park crew, planting trees, or cleaning up a stream bank. Add 3 more hours anywhere, like a food pantry, to reach 6.

- ☐ **5** As a Star Scout, actively serve 6 months as bugler, chaplain aide, den chief, historian, instructor, junior assistant Scoutmaster, librarian, OA troop rep, outdoor ethics guide, patrol leader, quartermaster, scribe, senior or assistant senior patrol leader, troop guide, or webmaster, or do a Scoutmaster-approved leadership project; Lone Scouts: a school, faith, club, or community leadership role

Tip: Take your position seriously and ask your Scoutmaster for feedback during your term, not just at the end.

Example: As troop guide, you might meet with the new-Scout patrol before each meeting, teach one skill a week, and make sure each new Scout has a buddy on campouts. Keep a short log of what you did.

- ☐ **6** As a Star Scout, teach another Scout (ideally younger) with Teaching EDGE the skills in one choice below, well enough that they can pass them to the Scoutmaster (choose 1 of 8 below)

Tip: Pick one of the listed skill sets that a younger Scout needs, like Tenderfoot first aid or First Class lashings. Then explain it, show it, guide them as they try it, and let them do it on their own.

Example: Teaching First Class lashings with EDGE: Explain when lashings should and shouldn't be used, Demonstrate the timber hitch, clove hitch, and the square, shear, and diagonal lashings slowly, Guide the Scout while they lash two staves, then Enable them by having them build a simple camp gadget on their own until they're ready to show the Scoutmaster.

- ☐ **6a** Tenderfoot 4a and 4b (first aid)

- ☐ **6b** Second Class 2b, 2c, and 2d (cooking and tools)

- ☐ **6c** Second Class 3a and 3d (navigation)

- ☐ **6d** First Class 3a through 3d (tools)

- ☐ **6e** First Class 4a and 4b (navigation)

- ☐ **6f** Second Class 6a and 6b (first aid)

- ☐ **6g** First Class 7a and 7b (first aid)

- ☐ **6h** Three requirements from one Eagle-required merit badge, approved by your Scoutmaster

- ☐ **7** As a Star Scout, have a Scoutmaster conference

Tip: Talk with your Scoutmaster about your leadership experience and start thinking about your Eagle plans.

Example: Talk about what you've learned as a leader and a teacher, and share early ideas for an Eagle project. Ask your Scoutmaster which ideas seem realistic and which need more thought.

- ☐ **8** Pass your Life board of review

Tip: Be ready to talk about what you've learned as a leader and teacher. The board wants to hear your story.